**AVK Global Trainers, a newly formed organisation, is conducting two training programmes on the topics, as given below :**

**Programme - I : *'Enhancing creativity and overcoming mental Blocks'* on 2nd July, 2014 from 10:00 AM to 5:30 PM.**

**Programme - II : *'Communication skills'* on 3rd July 2014 from 10:00 AM to 5:30 PM.**

**Trainer : Mr. Jacob Mathews,** who has more than 25 years of experience in public relation and HRD. He has been teaching management subjects in National and International Organisation, namely MTNL,BSNL,TEC,C-DOT,Bhartiya Vidya Bhawan, Gandhi Labour Institute, ISRO, IIM Ahmedabad, NRSA, ONGC, AIRTEL, Vodaphone, Tata Tele services,BSES and many such organisations. He has also conducted several programmes in Nigeria, Gulf Countries, US, Bangladesh etc.

**Venue : AVK Global Trainers (LLP), C-24, Amar Colony market, Lajpat Nagar-IV New Delhi -110024 ;**

**Highlights of the training programmes are as under :**

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| **Programme - I** |
| What is creativity ? |
| Thinking processes, Divergent/Convergent thinking. |
| Functions of both the hemispheres (left/right Brain). |
| Brriers to creativity. |
| Goal Directed Visualisation, |
| Right Brain Visualisation Exercise, |
| The true potential or our brain-harness it for more, |
| How can we marshal our creativity to work as better team-players? |
| This is a totally interactive programme with plenty of exercises to support the topics discussed. |

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| **Programme - II** |
| What is communication ? |
| Inter-personal and intra-personal communicational. |
| Stimuli that prompt us to communicate |
| The role of sensory receptors in receiving and processing stimuli from various sources to form attitudinal frames. |
| IN THE NON VERBAL COMMUNICATION, TOPIC LIKE BODY LANGUAGE, META COMMUNICATION. |
| Group communication exe`rcise to demonstrate how good or bad are we in communicating within a group, and barriers to communication. |
| 4 types of presentations (Memory Mode, Manuscript Mode, Extempore and impromptu), body posture both upper and lower, are other topics included in the contents. |

**Training Fee for each programme is as under** : INR 4000/- per participant. An inaugural discount of 25% is offered, so the net fee is INR 3000/- only. Out of this, INR 1500/- to be paid in advance through cash/cheque or DD in favour of 'AVK Global Trainers' (this includes lunch - vegeterian only, tea/snacks and training kit). Rest of the amount (INR 1500/-) to be paid, subject to your satisfaction based on your own feedback, within 10 days. Service Tax of 12.36 % is extra as applicable.

**For further details , please contact at Mobile: 9999733223; Email ID : arya\_kusum@yahoo.co.in.**

**Seats are limited. Interested participants may contact well in advance to reserve their seats.**